



# Shackles



By: Mary Mary – Thankful CD  
Written by: Dustin Darnell  
Heaven Bound Cloggers

**Sequence:** Is as follows on page!!

## Wait 16 Beats

**Chorus - High Horse** – Double step, brush across, brush out, ball, ball, ball, heel up.  
L R R R L R L

**Double Basic**- Double step, double step, rock step  
L R L R

**2 Heel Runs**-Double step, heel pull step, heel pull step, heel pull step  
L R L R L R L  
Double step, heel pull step, heel pull step, heel pull step  
R L R L R L R

**REPEAT (Do chorus a total of 2x's here same foot.)**

**Verse 1 - Charleston** – Double step, touch front, toe heel, rock step  
L R R L R

**Rocking Chair** – Double step, kick chug, double step, rock step  
L R R L R

**Fancy Double** – Double step, double step, rock step, rock step  
L R L R L R

**Triple** - Double step, double step, double step, rock step (Turn 1/2 to face back)  
L R L R L (Turn LEFT)

**Charleston** – Double step, touch front, toe heel, rock step  
R L L R L

**Rocking Chair** – Double step, kick chug, double step, rock step  
R L L R L

**Fancy Double** – Double step, double step, rock step, rock step  
R L R L R L

**Triple** - Double step, double step, double step, rock step (Turn 1/2 to face front)  
R L R L R (Turn RIGHT)

**Chorus - (2x's) – High Horse – Double Basic – 2 Heel Runs**

**Verse 2 - 2 Loop Basics** – Double step, loop step (xib), double step, rock step  
L R L R L  
Double step, loop step (xib), double step, rock step  
R L R L R

**Donkey** – Double step, touch (xif), touch(ots), touch (xif)  
L R R R

**Karate** – Double step, kick around, double step, chug up (Turn 1/2 to face back)  
R L L R (Turn RIGHT)

**2 Loop Basics** – Double step, loop step (xib), double step, rock step  
R L R L R  
Double step, loop step (xib), double step, rock step  
L R L R L

**Donkey** – Double step, touch (xif), touch(ots), touch (xif)  
R L L L

**Karate (turn 1/2)** – Double step, kick around, double step, chug up (Turn 1/2 to face front)  
L R R L (Turn LEFT)

**Chorus - (2x's) – High Horse – Double Basic – 2 Heel Runs**

**Bridge** - 2 Hard Steps – Double back, brush up, double step, rock step  
L L L R L  
Double back, brush up, double step, rock step  
R R R L R

1 Push Off – Double step, rock step, rock step, rock step  
L R L R L R L

1 Triple – Double step, double step, double step, rock step  
R L R L R

**Chorus** - (6x's) – High Horse – Double Basic – 2 Heel Runs  
(Turning on High Horse to all 4 walls, then 2x's ½ .)

**Ending** - 4 Flea Flickers – Double up, double down, double up, double down  
L L R R  
Double up, double down, double up, double down  
L L R R

2 Double –double-Switch heel up- Double, double, switch heel up, double, double, switch heel up  
L L R R R L

4 Doubles w/Heel Up –Double step, double step, double step, double step, heel up  
L R L R L


**Abbreviations:**

xib: Cross in back  
xif: Cross in front  
ots: Out to the side

**Note:**

When doing touches on Donkey and Charleston make sure your heel clicks the ground with opposite foot to get the correct sounds.

**If your not praisin, your not dancing!!**



**Let them praise  
his name with dancing...  
Psalm 149:3a**